## Clarendon Lodge PPG Monday 13th March 2023 via Zoom

The original meeting planned for March had to be cancelled and an alternative date that suited everyone could not be found. The Chair decided to hold two meetings instead: one via Zoom (13th March) and the other in person on March 21st This meeting has been recorded and a link sent to PPG members so that all can access the discussions

**Present:** Martin Blows (Chair) Marcia Davis, Heather Storr, Sandra Grafton, Robin Verso, Bridget Winn, Dorrette McAuslan, Nicholas Renton **Apologies:** Gethin Williams, John Pickering

This meeting had a single focus which was to work on the action plan for 2023. No final decisions would be made at this meeting. Instead they would be made by those attending the meeting on March 21st

The following suggestions were made

- something specifically for the over 75s (Julia's suggestion)
- supporting Hussain's Life style clinic (Bridget)
- work with pharmacies (Michael)
- getting the view of younger patients (Bridget and Sandra)
- promotion of the Newsletter (Martin and ?)
- message of welcome to those signing up to the Newsletter (Martin)
- updating the constitution (Gethin and Robin)
- continuing analysis of Friends and Family (Bridget)
- article about blood pressure (Martin)

Other suggestions were made

- finding a more user friendly venue for Lifestyles clinic perhaps a care home
- perhaps working with over 75s might be managed at PCN level
- draw up a rota for every PPG member to attend a Life style clinic
- give Hussain hard copies of the Newsletter to be given out at the clinics
- having hard copies of the newsletter available for distribution
- providing assistance to those who want to access the NHS app but are concerned that they do not have the skills. This will be followed up with Stephen and Hussain
- staff profiles
- Martin will be asking Stephen for the age profile of those who use the surgery

Caroline Graham from Healthwatch will be attending the meeting scheduled for March 21st. Martin will record this meeting for those who cannot attend.