

## South Warwickshire Primary Care Network Implant Consent Form

Name and Date of Birth: .....

Please confirm that you have understood and agreed to the following:

- I understand it is not safe to insert an implant if I might be pregnant. I can confirm I have been either:
  - Using an effective method of contraception without any problems (e.g. burst condom/missed pill) since my last period or
  - I have not had sexual intercourse since my last period
- I understand that no method of contraception is 100% effective and there is a very small chance of failure (less than 1 in 100 chance of pregnancy)
- I understand that side effects can include irregular bleeding that can be heavy, moderate or light and may persist
- I understand that the implant provides contraception for 3 years. After this time it is my responsibility to arrange for replacement or to use another method of contraception, otherwise there is a risk of pregnancy
- I understand there is a risk of infection, bleeding, bruising, swelling, scarring or an allergic reaction to the anaesthetic, implant or type of dressing used
- There will be a small scar

Information specifically relating to insertion:

- The implant can take 7 days to be fully effective as a method of contraception, therefore another form of contraception needs to be used for this time after the fitting
- A small amount of local anaesthetic is used to numb the area and the device is inserted using an introducer under the skin. Please let the clinician know if you have any allergies.

Information relating to removal

- A small dose of local anaesthetic is injected into the skin at the lower end of the implant to numb the area. Then a small cut is made through which the implant can be pushed to remove it.
- Unless immediately trying to conceive please abstain from sex or use another method of contraception for 7 days prior to the implant removal. This is because sperm can survive for up to 7 days and if this advice is not followed there can be a risk of pregnancy
- After removal, if the implant is not replaced immediately there is also a risk of pregnancy and another form of contraception should be used if needed
- After removal steristrips and a bandage are used to help the area heal. The bandage can be removed after 24 hours
- If the removal is difficult (for example the implant is too deep) removal may not be possible and referral to a specialist centre may be required.

I consent to having the subdermal implant inserted/replaced/removed

- Name..... Date.....
- Signature.....
  
- Name of fitter..... Date.....
- Signature.....