

**Get active**



**one step**

**at a time...**

**Join a free local group walk**

**Our health walks are a great way to get active and meet new people in your local area. Join us!**

**Walk name**

**Date**

**Start time**

**Meet-up point**

**Length**

**Contact name**

**Contact number**

Supported through funding from Sport England and players of People's Postcode Lottery

The Ramblers' Association is a registered charity (England & Wales no. 1093577, Scotland no. SC039799) and a company limited by guarantee (England & Wales no. 4458492)